

# GREEN & GOLD

RELEASED: November 2015  
CHOREOGRAPHER: Bev McLachlan, Sunshine Coast Square Dance Centre, 260 Dixon Rd, Buderim.  
Queensland, Australia 4556  
Email: bevmcl54@gmail.com  
MUSIC: "Green & Gold" by the Sunny Cowgirls Available on iTunes as a single  
Album "What We Do" Sunny Cowgirls Track 1 "Green & Gold"  
TIME/SPEED: 3:58 – As downloaded : To dance slow by 10% or for comfort  
FOOTWORK: Opposite unless noted ( Women's footwork in parentheses)  
RHYTHM/PHASE: Two Step Phase II + 2 ( WHALETAIL, STROLLING VINE)  
DEGREE OF DIFFICULTY: Average  
SEQUENCE: INTRO, A, B, C , A, B, C 1-16, D, A, B, C 1- 16, C[1 – 8], END

## MEAS:

## INTRODUCTION

- 1 - 9 **CP FCG WALL, WAIT ;; TRAVELING BOX ;; DOUBLE HITCH ;; WALK 2 ;**  
1-2 Wait in CP FCG WALL w/lead ft free ;;  
3-6 **{Traveling Box}** CP Wall Sd L, Cl R, Fwd L, -; Trn Fwd R, -, Fwd L, -; Sd R, Cl L , Bk R, -; Trn Fwd L, -, Fwd R, -; *OP LOD*  
7-8 **{Double Hitch}** OP LOD Fwd L, Cl R, Bk L, -; Bk R, Cl L , Fwd R, -;  
9 **{Walk 2}** SCP LOD Fwd L, -, Fwd R, -;

## 1 - 20 PART A

- 1 - 4 **2 FWD TWO STEPS ;; OPEN VINE 4 ;;**  
1-2 **{2 Fwd Two Steps}** SCP LOD Fwd L, Cl R, Fwd L, -; Fwd R, Cl L, Fwd R, -;  
3-4 **{Open Vine 4}** Sd L, -, XRib, -; Sd L, -, XRif, -;  
5 - 8 **FACE TO FACE & BACK TO BACK SCP LOD ;; WALK 4 ;;**  
5-6 **{Fc-Fc & Bk-Bk}** Sd L, Cl R, Trn L, -; Sd R, Cl L, Trn R, - TO SCP LOD;  
7-8 **{Walk 4}** SCP LOD Fwd L, -, Fwd R, -; Fwd L, -, Fwd R, -;  
9-12 **DOUBLE HITCH ;; BASKETBALL TRN OP LOD ;;**  
9-10 **{Double Hitch}** Fwd L, Cl R, Bk L, -; Bk R, Cl L, Fwd R, -;  
11-12 **{Basketball Turn}** Fwd Trn L, -, Rec Trn R, -; Fwd Trn L, -, Rec Trn R, -;  
13-16 **FWD, LK, FWD, TWICE ;; SLOW ROLL 4 SCP LOD ;;**  
13-14 **{Fwd Lk Fwd}** SCP LOD Fwd L, Lk R, Fwd L, -; Fwd R, Lk L, Fwd R, -;  
15-16 **{Slow Roll 4}** Trn L, -, Trn R, -; Trn L, -, Trn R, -; SCP LOD ;  
17-20 **2 FWD TWO STEPS ;; WALK 4 ;;**  
17-18 **{2 Fwd Two Steps}** SCP LOD Fwd L, Cl R, Fwd L, -; Fwd R, Cl L, Fwd R, -;  
19-20 **{Walk 4}** SCP LOD Fwd L, -, Fwd R, -; Fwd L, -, Fwd R, -;

## 1 - 12 PART B

- 1 - 4 **2 FWD TWO STEPS ;; SLOW TWISTY VINE 4 ;;**  
1-2 **{2 Fwd Two Steps}** SCP LOD Fwd L, Cl R, Fwd L, -; Fwd R, Cl L, Fwd R, -;  
3-4 **{Slow Twisty Vine 4}** Sd Bk L, -, XRib, -; Sd Fwd L, -, XRif -; BJO LOD ;  
5 - 8 **SLOW WHALETAIL ;; ;**  
5-8 **{Slow Whaletail}** BJO LOD XLib, -, Sd R, -; Fwd L, -, Lk R, -; Sd L, -; Cl R, -; XLib, -, Sd R;  
(XRif, -, Sd L, -; Bk R, -, Lk L, -; Sd R, -, Cl L -; XRif, -, Sd L -;)  
9 - 12 **FWD, LK, FWD, TWICE ;; HITCH ; HITCH SCIS SCP**  
9-10 **{Fwd Lk Fwd}** BJO LOD Fwd L, Lk R, Fwd L, -; Fwd R, Lk L, Fwd R, -;  
11 **{Hitch}** BJO LOD Fwd L, Cl R, Bk L, -;  
12 **{Hitch Scissors}** BJO LOD Fwd R, Cl L, Bk R, -; (Fwd Trn L, Cl R, XLif, -;) SCP LOD

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1 - 27

## PART C

1 - 4 **STROLLING VINE [SCP LOD] ; ; ;**

1-4 {**Strolling Vine**} SCP LOD Sd L, -, XRib, -; Sd L, Cl R, Trn L, -; Sd R, -, XLib, -; Sd R, Cl L, Trn R, -; SCP LOD

5 - 8 **2 FWD TWO STEPS ; ; TWIRL 2 ; WALK 2 OP LOD;**

5-6 {**2 Fwd Two Steps**} SCP LOD Fwd L, Cl R, Fwd L, -; Fwd R, Cl L, Fwd R, -;

7 {**Twirl 2**} SCP LOD Fwd L, -, Fwd R, -; (*W Twirls RF R, -, L, -;*

8 {**Walk 2**} SCP LOD Fwd L, -, Fwd R, -;

9 - 12 **SLIDING DOOR, TWICE ; ; ;**

9-12 {**Sliding Door**} OP LOD Rk Apt L, -, Rec R, -; XLif, Sd R, XLif, -; Rk Apt R, -, Rec L, -; XRif, Sd L, XRif, -;

13 - 16 **CIRCLE AWAY 2 TWO STEPS ; ; STRUT TOG 4, OP LOD ; ;**

13-14 {**Circle Away 2 Two Steps**} Fwd L trng LF COH, Cl R, Fwd L, -; Fwd R, Cl L, Fwd R, -;

15-16 {**Strut Tog 4**} Fwd L trng LF WALL, -, Fwd R, -; Fwd L, -, Fwd R, -: 1<sup>ST</sup> time to OP LOD 2<sup>nd</sup> time to BFLY WALL

17 - 20 **LACE ACROSS ; WALK 2 ; LACE BACK ; WALK, FACE ;**

17 {**Lace Across**} Fwd L, Cl R, Fwd L, -;

18 {**Walk 2**} Fwd R, -, Fwd L, -;

19 {**Lace Back**} Fwd R, Cl L, Fwd R, -;

20 {**Walk, Face**} Fwd L, -, Fwd R, -; CP WALL

21 - 24 **BROKEN BOX ; ; ;**

21-24 {**Broken Box**} CP WALL Sd L, Cl R, Fwd L, -; Rk Fwd R, -, Rec L, -; Sd R, Cl L, Bk R, -; Rk Bk L, -, Rec R, -;

25 - 27 **SCIS THRU, TWICE SCP LOD ; ; WALK 2 ;**

25-26 {**Scissors Thru**} Sd L, Cl R, XLif, -; Sd R, Cl L, XRif, -; SCP LOD

27 {**Walk 2**} SCP LOD Fwd L, -, Fwd R, -;

1 - 20 **REPEAT PART A 1 - 20**

1 - 12 **REPEAT PART B 1 - 12**

1 - 16 **REPEAT PART C 1 - 16 ONLY TO BFLY WALL**

1 - 19 **PART D**

1 - 4 **TRAVELLING BOX OP LOD ; ; ;**

1-4 {**Traveling Box**} BFLY WALL Sd L, Cl R, Fwd L, -; Trn Fwd R, -, Fwd L, -; Sd R, Cl L, Bk R, -; Trn Fwd L, -, Fwd R, -; OP LOD

5 - 8 **DOUBLE HITCH ; ; OPEN VINE 4 ; ;**

5-6 {**Double Hitch**} OP LOD Fwd L, Cl R, Bk L, -; Bk R, Cl L, Fwd R, -;

6-8 {**Open Vine 4**} Sd L, -, XRib, -; Sd L, -, XRif, -; BFLY WALL

9 - 12 **TRAVELLING BOX ; ; ;**

9-12 {**Traveling Box**} BFLY WALL Sd L, Cl R, Fwd L, -; Trn Fwd R, -, Fwd L, -; Sd R, Cl L, Bk R, -; Trn Fwd L, -, Fwd R, -; OP LOD

13 - 16 **DOUBLE HITCH ; ; OPEN VINE 4 CP ; ;**

13-14 {**Double Hitch**} OP LOD Fwd L, Cl R, Bk L, -; Bk R, Cl L, Fwd R, -;

15-16 {**Open Vine 4**} Sd L, -, XRib, -; Sd L, -, XRif, -; CP

17 - 19 **2 TRNG TWO STEP SCP LOD ; ; WALK 2 ;**

17-18 {**Two Turning Two Steps**} CP Sd L, Cl R, Trn L, -; Sd R, Cl L, Trn R, -; SCP LOD

19 {**Walk 2**} SCP LOD Fwd L, -, Fwd R, -;

1 - 20 **REPEAT PART A 1 - 20**

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1 - 12 REPEAT PART B 1 - 12

1 - 16 REPEAT PART C 1 - 16 ONLY TO SCP LOD

1 - 8 REPEAT PART C 1 - 8 ONLY TO OP LOD

1 - 12 END

1 - 8 CIRCLE CHASE TO OP LOD ;; ; RF CIRCLE CHASE ;; ;

1-4 {Circle Chase} OP LOD Fwd Trn L, Cl R, Fwd Trn L, -; Fwd Trn R, Cl L, Fwd Trn R, -; Fwd Trn L, Cl R, Fwd Trn L, -;  
Fwd Trn R, Cl L, Fwd Trn R, -;

5-8 {RF Circle Chase} OP LOD Fwd Trn L, Cl R, Fwd Trn L, -; Fwd Trn R, Cl L, Fwd Trn R, -; Fwd Trn L, Cl R, Fwd Trn L, -;  
Fwd Trn R, Cl L, Fwd Trn R, -; SCP LOD

9 - 12 FWD TWO STEP ; RK FWD, REC ; BCK TWO STEP ; APT , PT ;

9 {Fwd Two Steps} SCP LOD Fwd L, Cl R, Fwd L, -;

10 {Rk Fwd, Rec} SCP LOD Fwd L, -, Bk R, -;

9 {Back Two Steps} SCP LOD Back L, Cl R, Back L, -;

9 {Apt, Pt} SCP LOD Side L, -, Pt R towards partner, -;

## HEADCUES

1 - 9 CP FCG WALL, WAIT ;; TRAVELING BOX ;; ; DBLE HITCH ;; WALK 2 ;

1 - 20 PART A

1 - 4 2 FWD TWO STEPS ;; OPEN VINE 4 ;;

5 - 8 FACE TO FACE & BACK TO BACK SCP LOD ;; WALK 4 ;;

9 - 12 DOUBLE HITCH ;; BASKETBALL TRN OP LOD ;;

13-16 FWD, LK, FWD, TWICE ;; SLOW ROLL 4 SCP LOD ;;

17-20 2 FWD TWO STEPS ;; WALK 4 ;;

1 - 12 PART B

1 - 4 2 FWD TWO STEPS ;; SLOW TWISTY VINE 4 (bjo) ;;

5 - 8 SLOW WHALETAIL ;; ;

9 - 12 FWD, LK, FWD, TWICE ;; HITCH ; HITCH SCIS SCP

1 - 27 PART C

1 - 4 STROLLING VINE [SCP LOD] ;; ;

5 - 8 2 FWD TWO STEPS ;; TWIRL 2 ; WALK 2 OP LOD;

9 - 12 SLIDING DOOR, TWICE ;; ;

13 - 16 CIRCLE AWAY 2 TWO STEPS ;; STRUT TOG 4, OP LOD ;;

17 - 20 LACE ACROSS ; WALK 2 ; LACE BACK ; WALK, FACE ;

21 - 24 BROKEN BOX ;; ;

25 - 27 SCIS THRU, TWICE SCP LOD ;; WALK 2 ;

1 - 20 PART A

1 - 4 2 FWD TWO STEPS ;; OPEN VINE 4 ;;

5 - 8 FACE TO FACE & BACK TO BACK SCP LOD ;; WALK 4 ;;

9 - 12 DOUBLE HITCH ;; BASKETBALL TRN OP LOD ;;

13-16 FWD, LK, FWD, TWICE ;; SLOW ROLL 4 SCP LOD ;;

17-20 2 FWD TWO STEPS ;; WALK 4 ;;

1 - 12 PART B

1 - 4 2 FWD TWO STEPS ;; SLOW TWISTY VINE 4 (bjo) ;;

5 - 8 SLOW WHALETAIL ;; ;

9 - 12 FWD, LK, FWD, TWICE ;; HITCH ; HITCH SCIS SCP

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- 1 - 16 PART C\*  
1 - 4 STROLLING VINE [SCP LOD] ; ; ;  
5 - 8 2 FWD TWO STEPS ; ; TWIRL 2 ; WALK 2 OP LOD;  
9 - 12 SLIDING DOOR, TWICE ; ; ;  
13 - 16 CIRCLE AWAY 2 TWO STEPS ; ; STRUT TOG 4, BFLY WALL ; ;
- 1 - 19 PART D  
1 - 4 TRAVELLING BOX OP LOD ; ; ;  
5 - 8 DOUBLE HITCH ; ; OPEN VINE 4 BFLY ; ;  
9 - 12 TRAVELLING BOX OP LOD ; ; ;  
13 - 16 DOUBLE HITCH ; ; OPEN VINE 4 CP ; ;  
17 - 19 2 TRNG TWO STEP SCP LOD ; ; WALK 2 ;
- 1 - 20 PART A  
1 - 4 2 FWD TWO STEPS ; ; OPEN VINE 4 ; ;  
5 - 8 FACE TO FACE & BACK TO BACK SCP LOD ; ; WALK 4 ; ;  
9 - 12 DOUBLE HITCH ; ; BASKETBALL TRN OP LOD ; ;  
13 - 16 FWD, LK, FWD, TWICE ; ; SLOW ROLL 4 SCP LOD ; ;  
17 - 20 2 FWD TWO STEPS ; ; WALK 4 ; ;
- 1 - 12 PART B  
1 - 4 2 FWD TWO STEPS ; ; SLOW TWISTY VINE 4 (BJO) ; ;  
5 - 8 SLOW WHALETAIL ; ; ;  
9 - 12 FWD, LK, FWD, TWICE ; ; HITCH ; HITCH SCIS SCP
- 1 - 16 PART C\*  
1 - 4 STROLLING VINE [SCP LOD] ; ; ;  
5 - 8 2 FWD TWO STEPS ; ; TWIRL 2 ; WALK 2 OP LOD;  
9 - 12 SLIDING DOOR, TWICE ; ; ;  
13 - 16 CIRCLE AWAY 2 TWO STEPS ; ; STRUT TOG 4, SCP LOD ; ;
- 1 - 8 PART C\*  
1 - 4 STROLLING VINE [SCP LOD] ; ; ;  
5 - 8 2 FWD TWO STEPS ; ; TWIRL 2 ; WALK 2 OP LOD;
- 1 - 12 END  
1 - 8 CIRCLE CHASE TO OP LOD ; ; ; RF CIRCLE CHASE ; ; ;  
9 - 12 FWD TWO STEP ; RK FWD, REC ; BCK TWO STEP ; APT , PT ;